

# Staff

## Head of Unit

### Occupational Health Manager

Janet Craig

Tel: 0131 651 4302

### Senior Occupational Health Adviser

Isabel Jack

Tel: 0131 650 8192

### Occupational Health Adviser

Mallory Fearn

Tel: 0131 650 8190

### Consultant Occupational Health Physician

Dr Eugene Waclawski

Tel: 0131 650 8190

### Occupational Health Technician

Helen Gilroy

Tel: 0131 650 2209

### Administration

Emma Pryde

Irene MacKenzie

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Tel: 0131 650 8190

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<http://www.ed.ac.uk/schools-departments/health-safety/occupational-health>



You can find us here

### Car Parking

There is no allocated Occupational Health car parking. Under normal circumstances visitors are required to park on the adjacent streets.

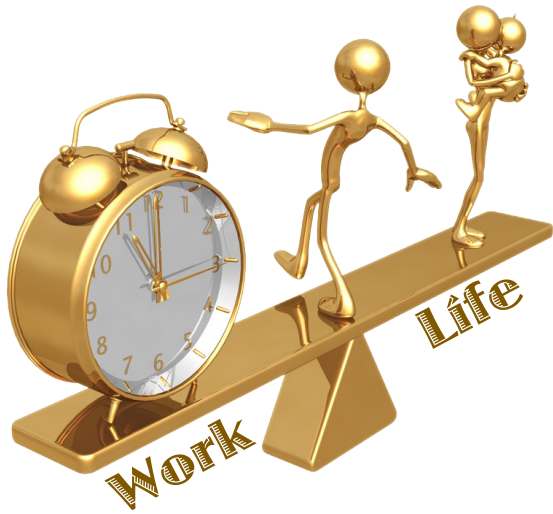
However, visitors with mobility issues should note there is a disabled parking space within the car park but we are unable to guarantee its availability at the time of appointment.



THE UNIVERSITY  
of EDINBURGH



# Occupational Health Unit



The Occupational Health Unit's services are available to benefit employee and employers alike to support and advise when health is a concern in the workplace.

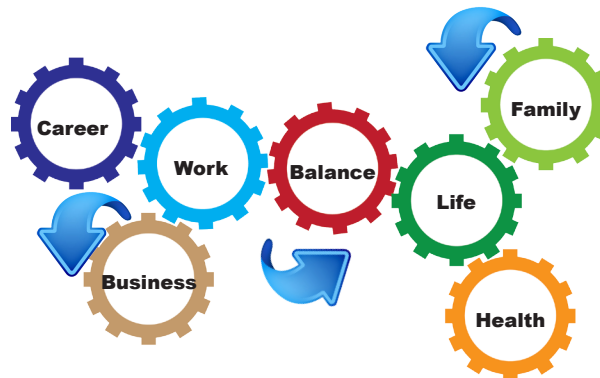
The service aims to promote health, safety and welfare of employees of the University by offering confidential advice and assistance in:

- Protecting health at work
- Promoting healthy working conditions
- Assisting recovery and return to work after illness or injury
- Improving health and fitness for work

The Occupational Health Unit is a part of the Health and Safety Department providing an **independent, impartial and confidential** service. It is staffed by specialist Occupational Health professionals.

## The Occupational Health Unit is an advisory support service which provides the following:

- Statutory health surveillance
- Attendance management advice
- Rehabilitation/phased returns to work advice
- Management training: absence, referral, awareness of mental health, and wellbeing
- Immunisations/vaccinations
- Advice relating to alcohol/drug misuse
- Work related travel health advice
- Health promotion/wellbeing
- Work related stress advice
- Health-related disability adjustments
- Assessment for early retirement on health grounds



The staff will be pleased to discuss, in confidence, any concerns about your health and your workplace.

The Occupational Health Unit does not provide a treatment service. Anyone who is injured or taken ill at work should initially seek help from their local first-aider or if the situation is more serious go to the nearest Accident and Emergency Department, or GP as appropriate.



## Appointments and General Information

Our clinics are busy so please ensure that if you cannot attend you contact us as soon as possible to cancel your appointment.

Tel: 0131 650 8190

Email: [Occupational.health@ed.ac.uk](mailto:Occupational.health@ed.ac.uk)